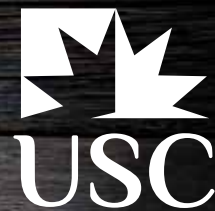


Nutrition and Dietetics Clinic



FREE CONSULTATIONS | NO REFERRAL NECESSARY



USC's Nutrition and Dietetics Clinic offers free individualised dietary advice using evidence-based practice. The clinic is conducted by Nutrition and Dietetic students under the supervision of senior dietitians.



Our Dietitians can assist with the management of a wide range of general medical and health concerns, including:

- Healthy eating
- Weight management
- Non-complex Diabetes
- Gastrointestinal conditions such as reflux, coeliac disease, diverticulitis, constipation and irritable bowel syndrome (IBS)
- Heart disease including high cholesterol or blood lipids and high blood pressure
- Nutrition in pregnancy
- Early kidney disease
- Malnutrition
- Nutrition support during cancer treatment
- Respiratory diseases such as chronic bronchitis, emphysema and lung disorders
- Children and teens — overweight and underweight
- Fussy eating in children

We are unable to see clients with complex medical conditions including: anorexia nervosa, those requiring tube feeding, late-stage liver or kidney disease.

Members of the public can self-refer for our services. We can provide letters on request to GPs, specialists or other relevant health care providers.

We will work with you to provide education and support to help you achieve your health goals and understand how to self-manage your dietary intake.

How to find us

USC Sunshine Coast campus

Ground Floor, Building J
90 Sippy Downs Drive, Sippy Downs QLD 4556

The USC Transport Hub has public transport access located next door to the clinic in Building J.

Visit usc.edu.au/public-transport to plan your journey.

How to make a booking

Visit usc.edu.au/nutrition-dietetics-clinic and complete the online booking form. If you have any difficulties completing the form online, email USC_Clinic@usc.edu.au

Please note: If you would prefer to see a fully qualified dietitian rather than a student, please search for private dietitians in your area. You do not need a referral to see a private dietitian.

If you have chronic medical conditions, ask your GP if you are eligible for a partial fee rebate through an enhanced primary care program.